





# Allergens



**WARNING: Our suppliers and kitchens handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, it's impossible for us to guarantee that our dishes will be 100% allergen free.**

Recipe Name (alphabetical order)	<u>Cereals containing Gluten :</u>															Sulphur dioxide/sulphites			
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Tree Nuts	Celery	Mustard	Sesame	hites	Lupin	Molluscs
Tea - English Breakfast - Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tea - English Breakfast - Reg	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tea - Green - Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tea - Green - Reg	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tea - Mint - Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Tea - Mint - Reg	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Topping - Pumpkin Seeds	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Topping - Sun-Dried Tomatoes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Wasabi	-	-	-	-	-	-	-	-	-	yes	-	-	-	yes	-	-	-	-	-
White Americano - Large	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
White Americano - Reg	-	-	-	-	-	-	-	-	-	-	yes	-	-	-	-	-	-	-	-
Wild Rice Salad - Chicken	yes	yes	-	-	-	-	-	-	yes	yes	-	-	-	-	-	yes	-	-	-
Wild Rice Salad - Salmon Tartare	yes	yes	-	-	-	-	-	-	yes	yes	-	-	-	-	-	yes	-	-	-
Yaki Udon Noodles - Katsu Curry	yes	yes	-	-	-	-	-	-	-	yes	-	-	yes	-	yes	-	-	-	-
Yaki Udon Noodles - Sweet Chilli	yes	yes	-	-	-	-	-	-	-	yes	-	-	-	-	-	yes	-	-	-
Yaki Udon Noodles - Teriyaki	yes	yes	-	-	-	-	-	-	-	yes	-	-	-	-	-	yes	-	-	-
Yaki Udon Noodles - Thai Green Curry	yes	yes	-	-	-	-	-	-	-	yes	-	-	-	-	-	yes	yes	-	-
Yaki Udon Noodles - Thai Red Curry	yes	yes	-	-	-	-	-	-	-	yes	-	-	-	-	-	yes	yes	-	-
Yaki Udon Noodles - Tonkatsu BBQ	yes	yes	-	-	yes	-	-	-	-	yes	-	-	-	-	-	yes	-	-	-